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| U.S. Congress (Party Affiliation) | Phone # | Office Addresses | Email Address | Social Media Handles/Sites (Twitter/FB) | Notes |
| Senator ( ): |  | D.C.:  At Home: |  |  |  |
| Senator ( ): |  | D.C.:  At Home: |  |  |  |
| House Rep ( ): |  | D.C.:  At Home: |  |  |  |

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| State Legislator  (Party Affiliation) | Phone # | Office Address | Email Address | Social Media Handles/Sites (Twitter/FB) | Notes |
| State Senator ( ): |  |  |  |  |  |
| State House/Assembly Rep ( ): |  |  |  |  |  |