

Briefing Sheet:
Cis Women, PrEP, and Policy Integration

Fellow: *Brooke Davidoff, HIV Policy Fellow – Positive Women’s Network*

Host Organization: *The American Academy of HIV Medicine*

Focus: Centering people who can get pregnant in national HIV prevention policy through testing everyone for HIV, HIV education, PrEP education & access.

Overview

Despite major advances in HIV prevention, women remain underrepresented in PrEP uptake and policy design. Less than **10% of PrEP users in the U.S. are women**, even as women account for **one in five new HIV diagnoses**.

This project, launched under the **Positive Women’s Network Policy Fellowship**, aims to close that gap by ensuring **routine HIV testing and PrEP counseling** are integrated into women’s reproductive and sexual health care nationwide.

Policy Goal

To make **annual HIV testing and PrEP conversations a standard of care** for people accessing:

- Birth control or contraception visits
- STI/STD testing or treatment
- Pregnancy or postpartum care

This approach builds on CDC’s *She Is Well* framework and aligns with EHE prevention targets and community-led advocacy from PWN, PrEP4All, and The Well Project.

Choose the Right Medication

Not all PrEP is the same for everyone. Ensure you are prescribed a version that is effective for vaginal exposure.

Approved for Women:

- Truvada (TDF/FTC): The standard daily oral pill.
- Apretude (Cabotegravir): An injectable given every 2 months.
- Yeztugo (Lenacapavir): A newer injectable given every 6 months. (approved in 2025).

Alignment with Partner Priorities

- **Gilead Sciences:** *Setting the PACE* and *Choose U* campaigns advancing women's HIV health
- **ViiV Healthcare:** Women-centered prevention and equity initiatives
- **The Well Project:** Education and empowerment for women and girls living with or at risk for HIV

Contact

Brooke Davidoff

HIV Policy Fellow | Positive Women's Network



BrookeDavidoff@Gmail.com



<https://muckrack.com/brooke-davidoff-1/bio>